

# Life Saving Essentials

## We care about your Safety



### Lifting Checklist

#### Person



- Are you fit and well?
- Are you competent and appointed for your role (AP, Lift Supervisor, Slinger Signaller).



#### Equipment/Tools

- Inspected and safe to use?
- Suitable for the lift being undertaken?
- All pre-use checks completed?
- Tag lines available?



#### Planning

- Category of lift considered?
- Load weight and centre of gravity known?
- Approved lift plan in place?



#### Workplace

- Crane mats approved by TWC?
- Ground conditions suitable?
- Exclusion zone in place?
- Weather conditions suitable?



Only start if you have the right Person, Equipment/Tools, Planning and Workplace